

Paw Prints

The Newsletter of the Rand Park Dog Training Club, Inc.



March 2014

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Important Dates:

- March 4 - Membership Meeting
- March 8 - Correction Clinic/Rummage Sale
- March 23 - TD and TDU Tests
- April 15 - Membership Meeting
- April 26 & 27 - Rally and Obedience Trials
- May 4 - Awards Banquet

Send news and articles to:
Ursula Hoeft, Paw Prints Editor
1814 Illinois Road
Northbrook, IL 60062
Phone: 847-721-2882
E-mail:
randparkpawprints@live.com
Visit Rand Park's Website:
randparkdtc.org

President's Message

Even though it doesn't look or feel like spring, being an eternal optimist, I know it must be coming! We do have a number of activities planned for this spring.

We have a membership meeting on March 4, at the training center, immediately after the orientation session, at about 7:30. We will take nominations for officers and directors from the floor during the meeting and we will vote for member of the year. That night, we will again be taking donations of dog and cat food/treats for a Des Plaines food pantry.

With the start of the spring obedience/rally training session, I want to remind members that guest training costs \$10/class for members and \$15/class for non-members. Also, you must get permission from either of our DOTs, Sheryl Phelps or Barb Pische, before you guest train. The limit is three guest trainings per session unless approved by the DOTs.

We have a Tracking Dog test and Tracking Dog Urban (new this year!) test on March 23 in Lincolnshire. Watching the tests is a great way to see what tracking is all about and to decide if it is for you and your dog.

On April 15, at 9 p.m., we will have our annual membership meeting at the training center. At this meeting, we will elect our new officers and directors.

We have our rally trials and obedience trial on April 26 and 27, respectively. Please consider volunteering to steward. No experience is needed. Contact either Sheryl Phelps for rally or Barb Pische for obedience.

On May 4, we have our annual banquet. It's a time when we can relax and visit with one another – instead of just saying "hi" as we rush to our classes! You will find a form in this issue of Paw Prints. Please consider donating to the raffle.

Finally (I told you we had a number of activities planned!), we have a Variable Surface Tracking test on May 18, again, in Lincolnshire. This is the most advanced form of tracking. It is fun to watch the dogs figure out where a person walked 3-5 hours earlier.

I hope to see you at some, or all, of these events.

I also want to thank everyone who volunteers to work at any of these events. Without you, we couldn't exist!

Lois Leidahl-Marsh

All Dogs go to Heaven

Sad news from Jackie Limosani:

It is with a broken heart that I tell you of the passing of my dear black beauty, Molly. My beautiful, sweet girl went to the Rainbow Bridge late last night (January 15) surrounded by her human and canine family.

Molly was diagnosed with a brain tumor in June of 2013. I have been blessed to have had six months with my precious baby girl. And I am truly grateful for the 8 1/2 years I had with Molly. I've had her since she was about ten weeks old. She marched to her own drummer and always kept me on my toes. She earned her Canine Good Citizen title and was a therapy dog with Rainbow Animal Assisted Therapy.

Molly died at home, peacefully, surrounded by her human parents and her siblings, Bailey and Oscar nearby. I kept petting her and telling her that it was okay to go, that I loved her so very much and to wait for me at the Rainbow Bridge.

I shall miss you every day, my baby girl, my sweet gentle black beauty. I love you my Molly girl!



More sad news. Anne and Bob Suwada lost their Sheltie, Diamond, recently.

Rest in Peace Molly and Diamond

2014-2015 Slate of Officers

President - Lois Leidahl-Marsh

Vice President - Marion Meseth

Chairman - Rudy Kuper

Treasurer - Eleanor Goss

Assistant Treasurer - Gloria Blanton

Secretary - Linda Forman

Assistant Secretary - Laurie Ingstrup

Returning Directors:

Lois Breslow

Gail Kipp

Joan Pufundt

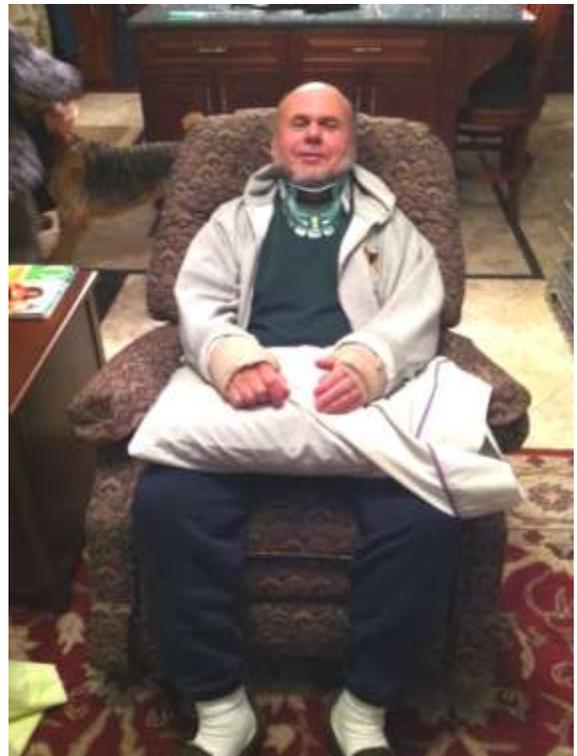
New Directors:

Jean Eremo

Terri Everwine

Gail Kellberg

Nominations will be taken from the floor during the March 4, 2014 Membership Meeting. The meeting will be held at approximately 7:30, following the orientation session. All members are encouraged to attend.



Best Wishes to Bill Urquhart
for a speedy recovery.

*While you're mending, enjoy a good book,
a comfortable chair,
and the companionship of your dogs.*

The Real Reason Why We Own Dogs

Titles are nice, but here's the REAL REASON WHY WE OWN DOGS

According to Joan Pufundt..

... they show us how to keep warm when the power – and heat – are out!

Joan says "our vacation in Michigan at Thanksgiving ended with a two day storm that left us without power – no heat, no electricity, no running water! In the future, we'll only be going there during the spring and summer! The "girls" are wearing my T-shirts."

(That's Ginger on the left, and Brandy on the right, looking warm and cozy while mom, Joan, was probably freezing!)



Email your photos and captions for "The Real Reason Why" to randparkpawprints@live.com. You can also send them to me by snail mail (Ursula Hoeft, 1814 Illinois Road, Northbrook, IL 60062) or give them to me at training on Tuesday nights.

– Ursula

Great news from Colette Benson!

Josie finished her CDX and her Rally Novice title in the Fall.

Her Open A scores were 197.5, 193, 195 (with the 197.5 being High In Trial).

She is also the top Open A Bernese Mountain dog in the country for 2013.

Her Rally novice scores were 99,98, and 100.

Congratulations!

Help Wanted

Looking for a responsible dog lover who has reliable transportation to help me out on an as-needed basis for my dog walking/pet sitting business.

Need help during the week days for morning and mid-day visits for potty breaks, dog walks, feedings, etc.

If interested please contact Cindy Placko by email: cindyfrend@att.net or by phone, 847/571-6443.



Colette and Josie

Important resource for us forgetful folks!

If you can't remember how you did in that trial two years ago – last month, or whenever – you can get the score at: dogshowscores.com

Don't miss Rand Park's Annual Awards Banquet on May 4th!

By Ursula Hoeft

If you've never been to a Rand Park Awards Banquet, don't miss it this year! (Those who have attended in the past know what a good time it is.) You'll enjoy a delicious meal, and you'll bask in the good fellowship that's always abundant when Rand Park members get together.

And you'll be inspired – I always am! – when you see all the fantastic awards that will be presented to Rand Park members for their achievements during the past year. You'll be motivated, too, to dedicate more time to training so that you'll be among the folks receiving awards next year.

But you won't go home empty handed even if you're not getting an award. Everyone will receive a gift.

(I don't know what the gift will be – it's a secret – but I'm sure it will be something good.) And with a little luck, you'll win one of the terrific raffle prizes.

The Banquet invitation is in this issue of Paw Prints.

Be sure to fill it out and send it to Michelle Jaworski, or give it to her at the Membership Meeting on March 4. Michelle needs to have reservations by April 27. Bring your family and friends. But if you're not coming with a group, don't worry about filling in the



A few of the awards presented in past years

"seating request" section. The folks in charge of the Banquet will

seat you with interesting and friendly folks. It's easy to do – all dog lovers are interesting and friendly!

Awards Banquet Raffle:

No multi-million dollar prize, but– with your help – lots of great stuff to win!

By Ursula Hoeft

Please consider donating items for the Awards Banquet raffle. Marge Kabala and Diane Muzzy are in charge, and they want to have as much "stuff" as possible to raffle off without dipping into the Club's treasury. To do that, they need your help!

They will welcome donations of dog gear, of course, and will also be glad to get just about anything else you care to donate. Some of the items they receive will be included in baskets geared to a particular theme, so you might consider things for gardening, scrapbooking, picnicking, reading, a romantic evening at home, to mention just a few. Think of others – be creative! Small items will also be appreciated; they'll be included in baskets and will make for more variety. Consider sponsoring a whole basket – maybe ask someone to partner on it with you. Ask businesses you frequent to donate a gift certificate. Money donations will also be gratefully accepted.

Bring your raffle donations to the training hall or call Marge (773-750-9989) if you need to make other arrangements or want to know more about the raffle. Marge and Diane need items by April 23 to get everything ready for the Banquet.

Welcome new member

Patty Stitz

We hope you and your dog will benefit from your association with Rand Park DTC. As you can see, Rand Park is a very active, busy organization. Participating in club events will make your membership more beneficial and, we believe, more enjoyable. Member participation also is needed to ensure the club's continued success.

From the Directors of Training, Sheryl Phelps and Barbara Pische

The Spring (lovely word!) session will start on Tuesday, March 4th with Orientation at 6:30 P.M. followed by a membership meeting at 7:30. Classes will start on Tuesday, March 11th.

By the time you read this, the Winter session will be over. In the more than twenty years that we have been members, there has never been a time when classes were cancelled except this year, when we had to cancel training twice because of the extreme cold. We would like to give a heartfelt "thank you" to all the instructors. Except for the two times that classes were cancelled, they came every week to teach their classes, no matter the weather. That dedication is what keeps this club going.

On another front, we will be coming around to ask for your help at our Obedience and Rally trials on April 26 and 27. We need your help to make things work. Come for one day or even a half day on Saturday or Sunday. A club only stays alive when its members are willing to help.

Legislative Liaison Committee Report February 2014

Rand Park's Legislative Committee consists of Margo Milde, Chair (mrm1206@yahoo.com) and Lois Leidahl-Marsh (bernersplus@comcast.net. Please contact them with any pet legislation concerns and/or questions.

From Margo:

The Animal Rights Activists have been busy helping to write bills that -- if enacted -- would further erode your rights to own and breed the dogs of your choice! Therefore, we need to get busier! Below are current updates for IFDCO for two important bills that will be in hearings next week: HB 3779 (Abuse Penalties); HB 4188 (Animal Abuse Registry)

PLEASE CALL all committee members on Tuesday and ask that they vote NO on these two bills. You will not need to supply more than a pleasant "please vote NO on bill number xx" and - if requested (most won't) - your contact info. Calling is very quick (you can call an entire committee and ask them to vote "NO" in less than five minutes) and we have found is very effective in getting our views heard. Please note that these are two separate committees, one for each bill, so you need to call the appropriate Committee members for each.

For further info and updates, please refer to the Legislation page on the IFDCO website: ifdco.org

Margo Milde, Legislation Committee, IFDCO; AKC Legislative Liaison, Rand Park DTC

From Lois:

The Abuse Registry bill that Rep. Berrios was going to present last week was not called. It was postponed for one week, but I haven't seen any information about it yet.

Rep. Verschoore pulled the Forfeiture bill after he talked with members of IFDCO. Since he was the sponsor, the bill is dead. We are members of IFDCO and support their efforts.

Correction: Jo Ann Neville's dog Guinness' Sharp Dressed Man (Guinness) whose titles earned on November 10, 2013 were listed in the January issue of Paw Prints is a Wheaten Terrier, not a Bearded Collie. Sorry Guinness!

(Guinness apparently is more obliging than Jo Ann's dog Barnaby – see her charming limericks on the next page.)

Limericks For Barnaby

by JoAnn Neville

My Wheaten is just a delight
Always trying to do what is right
From the start of the day
He is eager to play
And happy from morning to night.

He sleeps upside down on the stairs
Or sometimes on one of the chairs
Where somebody sat
Who gave him a pat
He has no concerns and no cares.

He's sturdy, he has a broad chest
He's the perfect companion or guest
He's friendly, he's sweet
He just can't be beat
To have him we're certainly blessed.

His grooming is always a breeze
He's handled by Ronnie with ease
He listens, obeys
Sits, stands, and stays
And truly is willing to please.

He has his own fan club at school
He knows this, he's nobody's fool
Meeting friends, old and new
Is his best thing to do
This is his passion, his fuel.

Yes, my Wheaten is really a joy
He's always a wonderful boy
Except in the ring
Where he does his own thing
And purposely tries to annoy.

First, with his leash, he must heal
He's thinking of eating a meal
My lead is too tight
While he pulls left and right
In search of a treat he might steal.

When doing a scored figure eight
He hopes he'll be aided by fate
What he wishes for most
Is a friend for a post
Maybe two, that would really be great!

Next, for exam, he must stand
He can't comprehend this command
A new pal to meet
To welcome, to greet
His tail says he thinks this is grand.

I don't know what off leash might bring
I cannot predict anything
The last time he **stayed**
And watched, quite dismayed
As I walked by myself 'round the ring.

The recall is always a blast
He can't wait to run **real** fast
He might anticipate
Or charge straight for the gate
Repeating mistakes of his past.

He once was an expert at "sits"
But lately he thinks they're the pits
He might even break
With the first step I take
He's making me lose all my wits!

He usually stays on the "down"
He gracelessly PLOPS to the ground
Still hoping to find
A treat of some kind
He continually sniffs all around.

OBEDIENCE, I think I'll scream
They say we should work as a team
He forges, he bumps
And on "fast" he **jumps**
I think this is all a bad dream.

Although he loves going to class
I wonder if he'll ever pass
Will he ever know
What to do in a show
Or just make me look like an ass?

If you paid your dues but received a reminder to pay, please contact Linda Forman by email (jdog505@att.net) or by phone (847-298-9285).

**Rand Park Dog Training Club Annual membership dues are were due
January 1, 2014**

If you haven't yet paid your dues, please fill out and clip the form below and send it, along with your check, to:

**Linda Forman
505 Courtesy Lane
Des Plaines, IL 60018**

Make checks payable to **Rand Park Dog Training Club (RPDTC)**

If you are a new member and your dues were paid October 1, 2013 or later you do not need to pay 2014 dues. However, please return the form and write **NEW MEMBER** at the bottom.

Single membership \$20.00

Family membership \$30.00

Senior Citizen discount 25% (65 years or older) Single \$15 Family \$22.50

Name(s) _____
Address _____
City, State Zip _____
Phone: Home _____ Cell _____
Breed(s) _____
e-mail address _____

(Please print clearly)

Obedience Trial Donations

Support Rand Park DTC by making a donation to our annual Obedience Trial.

Monetary donations to the General Fund of any amount are needed and appreciated as these pay for all the Ribbons, High In Trial and High Combined prizes and any placement awards offered.

Please fill out the form below and mail it, with your donation, to Marion Meseth. To have your name included in the trial catalog, Marion has to receive your donation no later than March 30.

Donation To The 2014 Obedience Trial General Fund

Name(s): _____

Amount _____

**Mail to: Marion Meseth
2128 Fox Lane
Des Plaines, IL 60018**



Rand Park Dog Training Club
Membership Meeting
Des Plaines Leisure Center

date: 1-14-14

IN ATTENDANCE: Laurie Ingstrup, Lois Leidahl-Marsh, Eleanor Goss, Michelle Jaworski, Marge Kabala, Margo Milde, Diane Thompson, Rudy Kuper, Gail Kellberg, JoAnn Neville, Barbara Pische, Jean Eremo, Karen Korab, Eileen Hennessy, Barb Krynski, Dalores Valerio, Colette Benson, Sheryl Phelps, Donna Nowak, Pat Beckstrom, Gloria Blanton & Sally Bushwaller.

The Membership Meeting of Rand Park Dog Training Club was called to order at 9:00 by President Lois Leidahl-Marsh.

Rudy Kuper motioned to accept the minutes as sent. Jean Eremo seconded. Motion carried.

ADVISOR - Ruth Shields: absent

CHAIRMAN - Rudy Kuper: no report

PRESIDENT - Lois Leidahl-Marsh : no report

VICE PRESIDENT - Marion Meseth: absent - As reported by Lois Leidahl-Marsh, the park district will not charge us for \$260.00 for the cancelled training night on January 7th.

SECRETARY - Linda Forman: absent - Get dues in as reported by Lois Leidahl-Marsh.

ASSISTANT SECRETARY - Laurie Ingstrup: no report

TREASURER - Eleanor Goss: Our December income was mostly from tracking fees and some obedience fees. Our expenses for the month consisted mostly of rent and general expenses. Income = \$1,242.50, expenses = \$1,868.00, net income = \$625.50.

ASSISTANT TREASURER - Forrest Shields: absent

DIRECTOR OF TRAINING - Sheryl Phelps & Barb Pische: Sheryl reported that 85 people are training this session. Upper classes and puppy are low. Get class registrations in soon. Thanks to all the instructors. Instructors are responsible for getting replacements if they're not there. Times will be changing slightly to accommodate changing rings, setting up, etc.

DIRECTOR - Gail Kellberg: no report

DIRECTOR - Karen Korab: no report

DIRECTOR - Jean Eremo: no report

DIRECTOR - Lois Breslow: no report

DIRECTOR - Gail Kipp: absent

DIRECTOR - Joan Pufundt: absent

Committees 2013-2014

Advertising & Publicity Barb Krynski & Karen Schaubel: (Karen was absent) no report

Agility Trial - Barb Krynski: Paperwork has been sent in for the 2014 Agility Trial. We're just having beginning, novice, and open classes.

Audit & Finance -Jean Eremo: The books are in good hands.

Banquet - Marion Meseth & Michelle Jaworski: (Marion was absent) Michelle will be calling or emailing confirmation when receiving reservations. It will be on May 4th.

Correction Clinics - Jean Eremo: Next one will be 1/25. We need judges and stewards. We will be having a rummage sale of dog training equipment. Whatever you make on it is yours, and you should price what you bring.

Bylaws & Policies - Rudy Kuper: Rudy has extra copies if you need one

Demonstrations - Ann Mednick: absent

Equipment - Bill Urquhart: absent

Historian - Ann Suwada: absent

Insurance - Eleanor Goss & Forrest Shields: (Forrest was absent) no report

Legislative Liaison - Margo Milde: New Legislature has just started so not much is going on currently.

Liaison to the DesPlaines Park District: Marion Meseth & Bill Urquhart: both absent

New Member Packets - Diane Muzzey: absent

Paw Prints - Ursula Hoeft: absent As reported by Lois Leidahl-Marsh, the next issue will be the next issue. Please send Ursula your news by February 15th. If you don't already, consider receiving Paw Prints online. Contact Ursula if she can remove you from the "snail mail" list.

Obedience Trial (2014) - Ursula Hoeft, chairman: As reported by Lois Leidahl-Marsh, the judges have been approved for our trial. All our contracts are in order. The Rally trial will be 3/26, and the Obedience Trial will be 3/27. Barb Pische will be the Chief Ring Steward for Obedience, and Sheryl Phelps was asked for the rally Trial, but will need to check her schedule.

Refreshments - Gloria Urquhart / Michelle Jaworski (Gloria was absent) Michelle thanked those who brought cookies.

Registration - Gloria Urquhart:absent

Tracking - Terri Everwine: As reported by Lois Breslow, Sunday (January 19th) starts the new session.

Trophies/Awards

TRIAL AWARDS - Anita Wolney: absent

SPECIAL AWARDS - Marion Meseth/Anita Wolney: both absent

ANNUAL AWARDS - Eleanor Goss/Ruth Shields: (Ruth was absent) Very few forms are coming in. If you've gotten an award, please get your information to Eleanor.

Website - Mary Delorto: As reported by Lois-Leidahl-March for Ursula Hoeft, club forms are on the website. A link to the most recent issue of Paw Prints is always on the front page. Emergency information - training cancellation, etc. will be published on the front page. She and Mary Dellorto are trying to work out a time to get together to discuss the website program so that Mary can take it over.

UNFINISHED BUSINESS -

NEW BUSINESS - Regarding the Nominating Committee, Barb Krynski, & Pat Beckstrom with Gloria Blanton as alternate were nominated from the general membership to join Lois Breslow (chairman), Laurie Ingstrup and Jean Eremo as alternate, representing the Board.

ADJOURNMENT - Rudy Kuper motioned to adjourn the meeting, seconded by Karen Korab. Motion carried.

Meeting adjourned at 9:33.

Respectfully Submitted,
Laurie Ingstrup
Assistant Secretary

2014 Training Calendar

Please save for future reference

Spring Session	
March 4	Orientation/ Membership Meeting
March 11	Training Week 1
March 18	Training Week 2
March 25	Training Week 3
April 1	Training Week 4
April 8	Training Week 5
April 15	Training Week 6/ Membership Meeting
April 22	Training Week 7
April 29	Training Week 8
May 6	Training Week 9
May 13	Training Week 10
May 20	Evaluation

Training Hours: 6:15 to 7:05; 7:05 to 7:55; 7:55 to 8:45; 8:45 to 9:35 – except on January 14, March 4, April 15. On those nights, classes will be shortened to allow time for the Membership Meetings.

Training hours on Membership Meeting nights will be : 6:15 to 6:55; 6:55 to 7:35; 7:35 to 8:15; 8:15 to 8:55 – Meetings will immediately follow the last classes.

If training needs to be cancelled due to inclement weather or for some other reason, a notice will be posted on the Club website: randparkdte.org

Important Information about Awards Requirements

Rand Park DTC Policies state that, to qualify for an Annual Award or Certificate, a member must:

1. Be current on membership dues.
2. Have completed one of the following during the year for which the award is to be presented (combinations are allowed).
 - a. Attended two membership meetings or
 - b. Worked a full day at our obedience trial (currently equivalent to two trials) or
 - c. Worked two days at one of our tracking trials or
 - d. Worked two days at our agility trial or
 - e. Worked two correction clinics (the entire day)
3. Have completed one of the following;
 - a. Attended training in a 12-week session (obedience or tracking) or
 - b. Instructed a session
4. Have turned in a properly completed award form for each award/certificate to be received.



*Come celebrate with us at the
Rand Park Dog Training Club's
Annual Awards Banquet
And Raffle*

Des Plaines Elk Club – 495 Lee Street, Des Plaines, IL

*Join us on Sunday, May 4th, at 12 noon,
for complimentary Cocktails and Hors d'Oeuvres
Lunch to follow at 1 p.m. – Filet Mignon and Chicken Breast*

\$38 per person

Please RSVP by April 27



*Donations for the Banquet Raffle will be appreciated.
Bring your donations – gifts, gift certificates, money – to training,
or contact Marge Kabala at 773-750-9989 to make other arrangements.*

*For more information, contact Michelle Jaworski: 847-967-5181 –
mjaworski@ameritech.net) or
Marion Meseth: 847-827-6530 – demeseth@yahoo.com*

Send your reservation(s), with your check, payable to Rand Park DTC, to:
Michelle Jaworski, 7527 W. Kirk Drive, Niles, IL 60714

Name(s): _____

Number in party: _____ Check enclosed: \$ _____

Please seat me/us with: _____

Tables seat eight. Seating requests will be accommodated where possible.

No worries if you're not including a seating request – you'll be seated with interesting, fun people!



Rand Park Dog Training Club Correction Clinics

2013-2014 Correction Clinic Dates:

March 8, May 3, June 7, July 5

at

For Your Canine

1975 Cornell Ave.

Melrose Park, Illinois

(For Your Canine is air conditioned)

Judging starts at 10:00 a.m.

No entries will be accepted after 12:00 p.m.

Fees: Pre-entry: \$8 (\$7 for second entry of same dog)

Gate entry: \$9 (\$8 for second entry of same dog.)

Classes Offered: Beginner Novice – Novice – Open – Utility

Enter Early – All classes are limited to 30 entries

Mail entries to: Jean Eremo, 2511 N. 79th Ave., Elmwood Park, IL 60707

For more information: 708-453-5128 – JEANEREMO@AOL.COM

Make checks payable to: Rand Park Dog Training Club, Inc. (RPDTC)

Name: _____ Phone: _____

Address: _____ City/State/Zip: _____

E-Mail: _____ Breed: _____ Dog's Name: _____

Class: _____ Additional Class: _____ Jump Heights: _____

I agree to indemnify and hold harmless Rand Park Dog Training Club, Inc., its officers, directors and members against any and all claims or actions that may at any time be made or instituted against them or any of them by any person for the purpose of enforcing any cause or action growing out of or connected with my attendance or my dog's attendance at the correction clinics conducted by the Rand Park Dog Training Club, Inc.

Signature _____ Date: _____

Clinic Date: _____ Amount Paid: _____

Rand Park Dog Training Club, Inc.

**SELF-HELP
CLOSET
& NUMBER KNOWS
NO SEASON
PANTRY
OF DES PLAINES**



October 20, 2013

Rand Park Dog Training Club
c/o Marion Meseth
2138 Fox Lane
Des Plaines, IL 60018

RE: Donation of LOTS of pet food

Dear friends at Rand Park Dog Training Club,

The Self Help Closet & Pantry of Des Plaines wishes to thank you for your recent donation of dog and cat food. We are all aware of the state of our economy so you can imagine the effect it has on The Pantry. Our total of needy families increases weekly. We are currently assisting 400 families each month and lots of them have pets.

The late British writer George Eliot summed it up when she said, "What do we live for, if it is not to make life less difficult for each other?" The volunteer staff at The Pantry demonstrates this philosophy daily as they sort, inventory, display, package, and distribute food and clothing at our facility at 600 East Algonquin Rd. in Des Plaines.

It is through the continued assistance and generosity of people like you that we at The Pantry can make life a little less difficult for our needy clients.

-Thank you again for your kind support. We hope you will check out our website:
www.selfhelppantry.org

Most sincerely,

Holly Wilson
SHC&P Board of Directors

SHC&P of Des Plaines is a not-for-profit 501-C-(3) organization

Serving Des Plaines Residents Since 1971

600 East Algonquin Rd. • Des Plaines, Illinois 60016

Phone: 847.375.1443 Fax: 847.803.1880 www.selfhelppantry.org